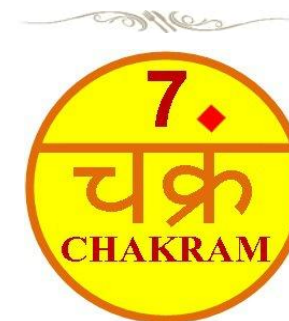


FEBRUARY 2014



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 Holidays!! Chinese New Year.	2
3	4	5 Hatha Yoga 08:00pm - 9:30pm	6 Chakra Meditation 7.45pm - 9.30pm	7	8 Hatha Yoga 10.00am - 11.30am	9 Chakra Meditation 09:00am - 10:30am Bheeja Mantra session 10:30am-11:30am
10	11	12 Hatha Yoga 08:00pm - 9:30pm	13 Chakra Meditation 7.45pm - 9.30pm	14 Sri Chakra Pooja 7:30pm - 9:00pm	15 Hatha Yoga 10.00am - 11.30am Mini Retreat 7.00am onwards	16 Chakra Meditation 09:00am - 10:30am Bheeja Mantra session 10:30am-11:30am
17	18	19 Hatha Yoga 08:00pm - 9:30pm	20 Chakra Meditation 7.45pm - 9.30pm	21	22 Hatha Yoga 10.00am - 11.30am	23 Chakra Meditation 09:00am - 10:30am Bheeja Mantra session 10:30am-11:30am
24	25	26 Hatha Yoga 08:00pm - 9:30pm	27 Maha Shiva Rathri overnight Prayer @ 7C Centre 7.00pm onwards	28		
NOTES: *For Participation in Special Activities MUST be registered before the event date. Counseling Session Every Sunday 10:30am-12:00 noon Please call in to make appointment.(*Charges Applicable)						

Opening Hours

Wednesday:
7.30pm-9.30pm

Thursday:
7.30pm-9.30pm

Saturday:
9.30am-11.30am

Sunday:
8.30am - 12.00noon

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